



Child & Family Psychological Services, Inc.  
Integrated Behavioral Associates

# NEUROPSYCHOLOGICAL EVALUATIONS



Physicians often assess and address concerns about behavioral health with their patients. However, challenges are often encountered in differentiating psychiatric problems from medical conditions, particularly as it pertains to cognitive health. Therefore, physicians may require a neuropsychological consultation in evaluating and treating these patients.

Neuropsychology is a scientific discipline which bridges the fields of neurology and psychology in order to understand brain-behavior relations. A **clinical neuropsychologist** conducts the evaluation, analyzes and interprets findings, and provides recommendations. Often, the neuropsychologist works in consultation with other providers in managing the healthcare of patients. Neuropsychologists strive to work closely with patients' family members, as circumstances allow.

## What questions can be addressed by a neuropsychological evaluation?

- Memory problems or Dementia
- Traumatic Brain Injury (TBI) or concussion
- Multiple Sclerosis (MS)
- Attention Deficit/Hyperactivity Disorder (ADHD)
- Bipolar Disorder
- Anxiety
- Depression
- Sleep Disorders
- Medication effect

## What can the physician and the patient expect?

- A consultation and diagnostic interview
- Neuropsychological Testing
- Feedback where the patient and neuropsychologist review results, diagnoses, and recommendations
- A report of evaluation

## What recommendations are given?

- Long-term care planning
- Referral for additional medical diagnostic assessments
- Psychological testing
- Cognitive rehabilitation
- Psychotherapy
- Stress management and relaxation
- Referral for psychiatric medication

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