

Evidence Based

# PRESCHOOL CHILD BEHAVIOR MANAGEMENT PROGRAM FOR PARENTS

*This group is designed for parents of preschool-aged children with disruptive behavior problems including noncompliance, defiance, aggression, impulsivity, or frequent tantrums.*



## *Program Goals*

- Learn strategies to improve parent/child relationships, increase child compliance, and manage disruptive behavior more effectively
- Become familiar with research findings for effective use of time out and other behavioral strategies
- Implement a personalized behavior modification system which incorporates use of rewards and age-appropriate consequences

**Where:** South Shore Medical Center, 148 Longwater Dr., Norwell, MA

Contact Dr. Vanessa Casavant, Ph.D at 781-551-0999 x469. This group may be covered by your health insurance. Please speak with Dr. Casavant for details.



Dr. Casavant treats a wide variety of behavioral health problems and uses evidence-based psychological treatments, including cognitive behavioral therapy for children, adolescents and families. She has worked extensively with pediatric anxiety disorders, including OCD and tic disorders, disruptive behavior disorders, sleep problems, and depression. Likewise, Dr. Casavant has expertise providing parent management training and social skills training. She also treats patients coping with medical problems and chronic illness.