



## Post-Doctoral Fellowship in Clinical Psychology

2022-2023

LifeStance Health, Inc. is a multi-disciplinary behavioral health care group dedicated to providing the highest quality services to children, adolescents, adults, and families in a caring, patient- friendly environment. Our team of psychiatrists, psychologists, neuropsychologists, psychiatric nurse practitioners, social workers, and mental health counselors work collaboratively to provide top-notch care. In providing behavioral health services, we strive to integrate research evidence, clinical expertise, and client values into our practice. We have outpatient offices in multiple locations north, south, and west of Boston. We also provide embedded services at primary care and specialty medical care locations throughout Massachusetts.

The postdoctoral fellowship focuses on training competent clinical psychologists to provide evidence-based therapeutic interventions and state of the art assessment. The fellowship is oriented to psychologists with solid clinical training and experience, who are seeking a career providing psychotherapy and assessment in an outpatient setting. Fellows will receive broad training in providing evidence-based clinical interventions to a diverse patient population. Fellows will also participate in didactics, clinical supervision with staff, and group consultation meetings.

Applicants must be post-masters from an APA-approved graduate program in Clinical, Counseling or School Psychology. The ideal candidate would have a strong interest in a permanent staff position following the completion of a one year postdoctoral fellowship.

Fellows will have the opportunity to specialize in one of five training tracks:

**Therapy - Child, Adolescent, and Family**

**Therapy - Adult**

**Therapy - Generalist**

**Combined Assessment and Therapy**

**Integrated Care -**

- IC fellows will be physically located at one of our integrated care sites and field referrals from physicians and other providers (e.g., nurse practitioners) within that practice.
- IC fellows will provide consultation to providers, brief assessment, evidence-based intervention, and triage to other LifeStance departments or community resources.

- IC fellows will have the opportunity to learn about the model of integrated primary care and how to work effectively on a multidisciplinary team.
- Successful fellows will enjoy working in a fast-paced environment, be able to think on their feet, communicate clinical information efficiently, and enjoy working with a wide range of clinical presentations.

### **Training Opportunities/Components of the Training Program**

- Providing evidence-based treatment (including CBT, health psychology/behavioral medicine, biofeedback & stress management, traditional psychodynamic models, TMS, and tele-psychology) for a variety of disorders, including brief-treatment models, individual and family modalities, and group therapy interventions
- Utilizing assessment batteries to inform case conceptualization and formulation of treatment plan
- Didactics
- Individual supervision
- Weekly group supervision
- Consult groups for specific specialty areas, including health psychology, couples work, child and family therapy, geriatric psychology, trauma focused work, eating disorders, and young child rounds.

### **Didactics**

LifeStance Health is an APA-Approved continuing education provider. Fellows will attend many seminars throughout the fellowship on topics that are likely to include the following:

- Ethics and Professional Issues
- Psychopharmacology
- Assessment
- Psychopathology
- Evidence-Based Treatments for Various Disorders
- Cultural Diversity

### **Supervision**

Fellows will receive individual supervision weekly, as well as participate in weekly group case consultation meetings. Risk management consultation will be provided as needed throughout one's employment.



## **Clinical Staff**

Clinical staff at LifeStance Health, Inc. MA includes a clinical staff of over 200, including psychologists, neuropsychologists, psychiatrists, nurse practitioners, social workers, and multiple master s-level clinicians. For a list of clinical staff and their areas of specialty, please visit our websites:  
[www.cfpsych.org](http://www.cfpsych.org)  
[www.commpsy.com](http://www.commpsy.com).

## **Pre-requisites**

The successful applicant will have earned a doctorate in psychology from an appropriate health service provider training program in a properly accredited institution of higher learning and completed an APA accredited internship. All doctoral degree requirements must be expected to be completed prior to the starting date of the fellowship.

## **Expectations**

The fellowship begins August 28, 2023.

Psychology fellows typically work Monday through Friday and have no on-call or overnight duties besides providing emergency coverage for patients for whom they are providing ongoing treatment. Fellows typically work a 40-50 hour work week dependent on clinical and paperwork demands. The specific start and end times will vary day to day, but may include up to 2 evenings a week. Fellows are expected to average 25 patient contact hours per week. Fellows will be expected to apply for licensure and take exams (EPPP and MA state exam) as soon as eligible in Massachusetts.

## **Salary and Benefits**

There is a stipend of \$47,000 for the fellowship year.

Benefits include:

- Health, Dental, and Vision
- 401k retirement plan with employer contributions
- Paid Time Off
- Dependent Care Account



## **Application Materials**

Please forward the following application materials to Lisa DeGrass, PhD - Director of Psychology Training at [training@cfpsych.org](mailto:training@cfpsych.org).

- Application cover sheet (fillable form located below)
- Letter of interest (No more than 2 pages, stating which track you are applying for and why; a brief summary of relevant educational, clinical, and research training and experience; and a statement about why the fellowship at LifeStance is a good fit for you based on your prior training and future career goals.)
- Curriculum Vitae
- Certified transcript of all doctoral work
- Three letters of reference

Applications are requested before December 19, 2022. However, applications may be considered after that date. Virtual interviews will be held in January 2023. Offers will typically be made on or before February 27, 2022. (APPIC Common Hold Date)

**Post-Doctoral Fellowship in Clinical Psychology  
2022-2023**

**Application Cover Sheet**



Last name:

First name:

Email:

Mailing Address:

Street:

City:

State:

Zip:

Home Phone:

Cell phone:

U.S. Citizenship:  Yes  No

### **Doctoral Program**

Was your Doctoral Program APA Approved?  Yes  No

Date Doctoral degree was completed:

Degree earned:

If doctoral degree is not yet complete, please specify the following:

Describe in detail the status of your dissertation and the date on which you expect to complete all requirements for the doctoral degree. All requirements **MUST** be complete before the start of your post-doctoral fellowship:

**Predoctoral Internship site:**

Predoctoral Internship Completed (date):

Was your internship APA approved?  Yes

No Postdoctoral experiences (if any, please

list):

**Which track(s) are you applying for? - you may pick more than one. If you pick more than one, please rank your choices.**

Therapy - Child, Adolescent, and Family

Therapy - Adult

Therapy - Generalist

Combined Assessment and Outpatient Therapy

Integrated Care



Please identify which location(s) you would prefer. You may select multiple locations or if you do not have a preference, please select "Open to any location"

Open to any location

Arlington	Needham
Auburn	Newton-Watertown
Boston - Back Bay	Newton-Wellesley
Boston - Financial District	North Andover
Boston - North Station	Northborough
Cambridge	Norwell
Concord	Norwood
Easton	Plymouth
Framingham	Raynham
Groton	Stoneham
Hopkinton	Taunton
Lexington	Weymouth
Lynnfield	Woburn

Medfield	Quincy
Milford	

**Please describe your short-term and long-term professional goals:**

